

Lent 2024 St John the Baptist Church

Prayer

Ash Wednesday Masses

† February 14th

6:30am St, Thomas More

7:00am Church

8:30am Church

Noon Church

5:00pm Church

7:00pm Church (Spanish)

7:00pm St, Thomas More

Confessions

Mon - Fri 8:30am

Mon - Fri 6:30pm

Sat 8:30am and 3:30pm

Fridays of Lent

† Stations of the Cross

5pm, 6pm

Spanish Stations 7pm

Fasting

† **Abstinence:** All Catholics, 14 years and older are bound by the Law of Abstinence to eat no meat (or meat by-products) on Ash Wednesday and all Fridays in Lent.

† **Fasting:** All Catholics, from 18 to 59 years of age are bound by the Law of Fasting. Fasting means one full meal with two other light meals a day. There are only two days of fasting: Ash Wednesday & Good Friday.

Almsgiving

† **Soup Night:** St. John's will again sponsor our Lenten Soup Night Project. The proceeds this year will be for St. John's Social Outreach Program to help families in need. Please come and enjoy fellowship, a meal of homemade soup and baked pasta dishes and donate to this worthwhile project. Join us every Friday in Lent from 4:30-6:30 beginning on February 16th.

† **Easter Meals for the Needy:** Grocery store gift cards will be collected during Lent for an Easter meal for the less fortunate. Money or gift cards can be placed in the collection basket, mailed or brought to the office.

† **The Bishop's Lenten Appeal:** Contribute to the many good works of the Diocese. The theme for this year's Appeal is "Behold, I Make All Things New".

† **Time and Talent:** Prayerfully consider and pledge your services/skills to the parish.

† **Works of Mercy:** Parents are encouraged to teach their children by their example the importance of sacrifice, especially during Lent. An ideal way this can be done is by practicing the Spiritual and Corporal Works of Mercy.

Spiritual Works of Mercy	Corporal Works of Mercy
Admonish the sinner.	Feed the hungry.
Instruct the ignorant.	Give drink to the thirsty.
Counsel the doubtful.	Clothe the naked.
Comfort the sorrowful.	Shelter the homeless.
Bear wrongs patiently.	Visit the sick.
Forgive all injuries.	Visit the imprisoned.
Pray for the living and the dead.	Bury the dead.

