

# Lent 2010--St John the Baptist Catholic Church

## Prayer

### † Masses on Ash Wednesday, Feb. 17<sup>th</sup>.

7:00 a.m. Imposition of  
Ashes followed by  
Tridentine Mass,

8:30 a.m.

7:00 p.m.

### † On the Fridays of Lent: Confessions from 9:00-9:30 a.m., (Beginning on 2/18/10, Thursday morning Confessions will be discontinued.) Mass at 7 p.m.(English Novus Ordo) followed by Stations of the Cross at 7:30 p.m.

### † Parish Penance Service Monday, March 22, 2010 at 7 p.m. Several priests will be available to hear confessions at St. John's at this time.

## Fasting

† Abstinence: All  
Catholics 14 years and  
older are bound by the  
Law of Abstinence to eat  
no meat on Ash  
Wednesday and all  
Fridays in Lent.

† Fasting: All Catholics  
from 18 to 59 years of  
age are bound by the  
Law of Fasting. Fasting  
means one full meal with  
two other light meals a  
day. There are only two  
days of fasting: Ash  
Wednesday and Good  
Friday.

## Almsgiving

† Soup Night: The Ladies of St. John's will again sponsor their Lenten Soup Night Project. The proceeds this year will be for St. John's Social Outreach Program--local poor and disadvantaged. Please come and enjoy a meal of homemade soup and bread and donate to this worthwhile project, which will run for 6 consecutive Fridays in Lent beginning on Friday, February 19th.

† Easter Meals for the Needy: Grocery store gift certificates will be collected during Lent for an Easter meal for the less fortunate. Money or gift certificates can be put in the collection basket or mailed or brought to the office.

† The Bishop's Lenten Appeal: Contribute to works of the Diocese. The theme for this year's Appeal is "Charity is Faith in Action".

† Works of Mercy: Parents are encouraged to teach their children by their example the importance of sacrifice, especially during Lent. This can best be done by practicing the:

Spiritual Works of Mercy	Corporal Works of Mercy
Admonish the sinner.	Feed the hungry.
Instruct the ignorant.	Give drink to the thirsty.
Counsel the doubtful.	Clothe the naked.
Comfort the sorrowful.	Shelter the homeless.
Bear wrongs patiently.	Visit the sick.
Forgive all injuries.	Visit the imprisoned.
Pray for the living and the dead.	Bury the dead.

